



Personal, Social, Health and Citizenship (PSHCE) Policy

Reference to the Sex and Relationship Education (SRE) Policy

PSHCE education is the school subject through which children and young people acquire the knowledge, understanding and skills they need to manage their lives, now and in the future. PSHCE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

What does PSHCE education include?

PSHCE education provides opportunities for pupils to develop essential skills and attributes to keep themselves healthy and safe and to thrive in life and work. These include resilience, managing peer pressure; empathy, communication and negotiation, team-working, adaptability, risk management and personal, interpersonal and social effectiveness. Pupils develop these skills and attributes while learning about subjects such as:

- Relationships: developing and maintaining positive and healthy relationships of all kinds, including friendships; recognising and dealing with unhealthy relationships (including bullying); understanding how to communicate effectively and confidently within relationships. Sex and Relationship education (SRE) will form a core aspect of a broader PSHCE program.
- Health: healthy lifestyles; healthy eating and exercise; mental and emotional health and wellbeing; drug, alcohol and tobacco education.
- Risk: assessing and managing risks and opportunities such as making independent choices and recognising and responding to peer pressure; personal safety on and offline, including on social media.

- Economic wellbeing: budgeting, saving, pressures and influences on spending and risks associated with gambling and other financial choices.
- Career choices: enterprise skills, different career pathways.
- Employability: key skills needed to succeed in the workplace; preparation for the world of work.

Why is PSHCE education important for pupils at Handale Primary school?

Effective PSHCE education supports the development of physically, emotionally and socially healthy young people, equipped to live healthy, safe, productive and responsible lives and to keep themselves and others safe. It supports the development of essential employability skills for the 21st Century, encouraging positive career choices, and good behaviour. It reduces or removes barriers to learning, such as bullying, low self-esteem, unhealthy, or risky behaviours. There is also strong evidence to suggest that the focus of PSHCE education on health, wellbeing and key life skills has the potential to significantly support and enhance pupils' academic attainment.

Is PSHCE education a national curriculum subject?

While PSHCE education is currently a non-statutory subject, section 2.5 of the National Curriculum framework states that:

'All schools should make provision for PSHCE, drawing on good practice.'

Along with the National Curriculum framework, the DfE also published guidance on PSHCE education, which states that the subject is

'an important and necessary part of all pupils' education' and that: 'Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.'

How does the PSHCE education curriculum support safeguarding duties?

All schools and academies have responsibilities relating to the safety of children in their care. Paragraph 68 of the statutory safeguarding guidance Keeping Children Safe in Education, clearly states that safeguarding extends to curriculum approaches such as PSHCE education. *'Governing bodies and proprietors should ensure children are taught about safeguarding, including online, through teaching and learning opportunities, as part of providing a broad and balanced curriculum. This may include covering relevant issues through PSHE education....'*

How does sex and relationships education (SRE) fit into PSHCE education provision?

Handale has an up-to-date SRE policy, available for inspection and to parents/carers on request. Currently, in state maintained primary schools, only those elements of SRE contained in the science national curriculum are statutory. The secretary of State's Sex and Relationship Education Guidance (DFEE, 2000) which strongly recommends a broader programme of SRE as part of PSHCE education. The content of this broader programme is decided by each school and constructed within Handale's SRE policy. At Handale, consent form from parents must be received before children partake in the SRE curriculum.

Our PSHCE Curriculum

At Handale Primary School we have embedded a thorough curriculum which covers all major aspects of PSHE throughout Year 1-6. We have adapted a scheme called 'You, Me and PSHE' and linked it to our creative curriculum where possible. This scheme allows us to fully understand and deliver all objectives which need to be covered each year. Many of the SRE topics are covered consistently throughout the school in Year 2,4 and 6.

Aims

The overarching aim for PSHCE education is to provide pupils with:

- ✓ accurate and relevant knowledge
- ✓ opportunities to turn that knowledge into personal understanding
- ✓ opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- ✓ regular opportunities for reflection
- ✓ the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

Handale's program of study covers Key Stages 1 and 2 and is based on three core themes within which there will be broad overlap and flexibility:

1. Health and Well being
2. Relationships

3. Living in the Wider World

Assessment

Pupils should be given opportunities to reflect on and assess their own learning, recognising its relevance to their day to day lives and how they are progressing is a fundamental aspect of PSHCE education. Assessment of PSHCE education should encompass opportunities for teacher, peer and self-assessment.

Teachers will be asked to assess children individually against each of the learning outcomes of the PHSCE curriculum.

Planning and teaching PHSCE

All planning and teaching, for PSHE and SRE, comes from a structured and embedded curriculum that we use. All of our PSHCE is covered under creative curriculum time.

However some aspects of SRE are embedded in the Statutory Science Curriculum.

Those outcomes are not optional and all children are taught through science.

PHSCE is embedded through all of the curriculum and school life at Handale. Learning outcomes of PHSCE arise in many areas of the curriculum. The curriculum we follow at Handale allows teachers to easily plan and deliver good quality PSHE lessons for all children to assess. Our scheme is accessible on request.

GDPR

Our school aims to ensure that all personal data collected about staff, pupils, parents, governors, visitors and other individuals is collected, stored and processed in accordance with the [General Data Protection Regulation \(GDPR\)](#) and the expected provisions of the Data Protection Act 2018 (DPA 2018) as set out in the [Data Protection Bill](#). This applies to all personal data, regardless of whether it is in paper or electronic format. For more information see our Data Protection Policy 2018 and Privacy Notices.

Signed



PHSCE Subject Leader

Headteacher

Chair of Governors

Next review date: June 2021