



Redcar & Cleveland Borough Council
Children and Families
5-19 School Nursing Service
East Cleveland Family Hub
Marske Mill Lane
Saltburn TS12 1HJ
Tel. No. 01642 444011

0-19HVSNService@redcar-cleveland.gov.uk
<http://www.redcar-cleveland.gov.uk>

13th September 2023

Dear Parent/Carer

We would like to take this opportunity to re-introduce the School Nursing Team. The school nursing service support all schools and families in Redcar and Cleveland Borough Council with the physical and emotional health of children. We are here to help with any worries such as:

- Getting enough sleep
- Eating routines, food, and physical activity
- Using the toilet, bed wetting or soiling
- Audiology referrals
- Puberty/Personal Hygiene
- Your child's emotional health
- Worries about behaviour
- Medical conditions i.e., asthma
- Keeping up to date with immunisations

In line with Department of Health recommendations all children should be registered with a dentist and should attend 6 monthly check-ups. They should also be registered with an optician and attend yearly check-ups.

If your child has any health needs or medication that may affect their time in school, please inform your child's class teacher.

If you have any queries or would like to discuss your child's health with a member of the team, please do not hesitate to contact us on **01642 444011** or email **0-19HVSNService@redcar-cleveland.gov.uk**

Yours Sincerely

Service Manager

**Health Visitor & School Nursing
Redcar & Cleveland Borough Council**



